**[Community & Personal Development](https://www.gaa.ie/my-gaa/community-and-health/community-personal-development/)**

* [Healthy Club Officer](https://www.gaa.ie/my-gaa/community-and-health/community-personal-development/club-hwo-training)
* [DEYLI](https://www.gaa.ie/my-gaa/community-and-health/community-personal-development/deyli)
* [SafeTALK](https://www.gaa.ie/my-gaa/community-and-health/community-personal-development/safe-talk-training)
* [Critical Incident Response](https://www.gaa.ie/my-gaa/community-and-health/community-personal-development/cirp-training)
* [Gambling Awareness](https://www.gaa.ie/my-gaa/community-and-health/community-personal-development/gambling-awareness-training)
1. [My GAA](https://www.gaa.ie/my-gaa/index)

1. [Community & Health](https://www.gaa.ie/my-gaa/community-and-health/)

1. **Training and Personal Development**

**DOWNLOADS**

  [Critical Incident Peer Supporter - Role Description](https://www.gaa.ie/api/pdfs/image/upload/dnvtmclynwsp5wqbmbmx.pdf)

  [GAA Responding to a Critical Incident - A short guide for clubs](https://www.gaa.ie/api/pdfs/image/upload/ngebrt0hshk48ksrr516.pdf)

  [GAA Normal Responses to Abnormal Incidents](https://www.gaa.ie/api/pdfs/image/upload/emsnelidqbvhflhpn3qm.pdf)

  [GAA Self Care Tips After a Critical Incident](https://www.gaa.ie/api/pdfs/image/upload/aafzgildhr629ktkcp0c.pdf)

  [Sample Critical Incident Response Plan](https://www.gaa.ie/api/pdfs/raw/upload/l501aqhskc1yslqi5vom.docx)

  [Sample Log of CIR Actions](https://www.gaa.ie/api/pdfs/raw/upload/duf1yc6tbnfbqp0axiik.xlsx)

  [Developing a Critical Incident Response Plan](https://www.gaa.ie/api/pdfs/image/upload/ophnvfjknpy9m84ndiau.pdf)

  [Responding to a Critical Incident - a detailed guide](https://www.gaa.ie/api/pdfs/image/upload/qa82fmzyh8lniqnkhpve.pdf)

  [Responding to a Death or Suspected Death by Suicide](https://www.gaa.ie/api/pdfs/image/upload/ptcjjljhuk1dhpiyogkn.pdf)

**Critical Incident Response Plan**

**What is a critical incident?**

A critical incident is defined as a situation that overwhelms one’s natural capacity to respond. These are as broad and varied in their nature as any situation that can befall any individual, club, or community.

**Critical Incident Response Training**

In recent years Croke Park has supported many units in responding to critical incidents ranging from the tragic death of a member, suicide, road traffic accidents, or serious injuries sustained in a game/training or club activities.

While the response of our clubs, counties, officers, and volunteers has been instrumental in supporting those affected, feedback suggests that training to support the implementation of the GAA’s Critical Incident Response Plan (CIRP) would benefit all units.

To that end, at least two county-level volunteers in each county will receive Critical Incident Peer Support training; preferably the County Chairperson/Secretary, County Health & Wellbeing County Chairperson (or persons designated by them), plus a health and wellbeing tutor(s) from the county.

The two-hour training is designed to ensure that Critical Incident Peer Supporters can:

* Prepare a county-level Critical Incident Response Plan from the template/resource provided.
* Support clubs in adopting their own CIRP and support them should an incident arise.
* Respond in the most appropriate manner following a critical incident.
* The Peer Supporter(s) will be assisted in their role by their County Executive and County Health & Wellbeing Committee.

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